

Maharana Pratap PG College, Jungle Dhoosar, Gorakhpur

Lesson Plan 2024-25

Subject- Home Science

B.A. 2nd Semester

Introduction to Clothing and Textile and Resource Management (Theory)

HSC103F

Date	Lecture No.	Name of the Teacher	Course Code	Teaching	Title
16/1/2025	1	Ritika Tripathi	HSC103F	INTRODUCTION	INTRODUCTION
17/1/2025	2	Ritika Tripathi	HSC103F	Introduction to Clothing and Textile	Introduction
18/1/2025	3	Ritika Tripathi	HSC103F	Its importance in day-to-day life	Introduction
20/1/2025	4	Ritika Tripathi	HSC103F	Scope	Introduction
21/1/2025	5	Ritika Tripathi	HSC103F	Classification of textile fiber on the basis of their source	Introduction
22/1/2025	Class Teaching	Ritika Tripathi			
23/1/2025	6	Ritika Tripathi	HSC103F	Manufacture, processing, properties	Knowing Fibers
24/1/2025	7	Ritika Tripathi	HSC103F	Manufacture, processing, properties	Knowing Fibers
25/1/2025	8	Ritika Tripathi	HSC103F	Use of Cellulosic Fibers-cotton, Linen	Knowing Fibers
27/1/2025	9	Ritika Tripathi	HSC103F	Use of Protein Fibers-Wool, Silk	Knowing Fibers
28/1/2025	10	Ritika Tripathi	HSC103F	Use of Synthetic/Manmade fibers-Nylon, Polyester, Acrylic, Rayon.	Knowing Fibers
29/1/2025	Monthly Test	Ritika Tripathi			
30/1/2025	11	Ritika Tripathi	HSC103F	Use of Synthetic/Manmade fibers-Nylon, Polyester, Acrylic,	Knowing Fibers

				Rayon.	
31/1/2025	12	Ritika Tripathi	HSC103F	Definition of Yarn, Manufacture of Yarn and Yarn Properties	Yarn to Fabrics
01/2/2025	13	Ritika Tripathi	HSC103F	Definition of Yarn, Manufacture of Yarn and Yarn Properties	Yarn to Fabrics
04/2/2025	14	Ritika Tripathi	HSC103F	Different fabric construction techniques (Weaving, Knitting, Felting, Braiding, Non-woven)	Yarn to Fabrics
05/2/2025	15	Ritika Tripathi	HSC103F	Weaving, Knitting, Felting, Braiding, Non-woven	Yarn to Fabrics
06/2/2025	Class Teaching	Ritika Tripathi			
07/2/2025	16	Ritika Tripathi	HSC103F	Weaving of Cloth-Terminologies and Steps in Weaving.	Yarn to Fabrics
08/2/2025	17	Ritika Tripathi	HSC103F	Weaving of Cloth-Terminologies and Steps in Weaving.	Yarn to Fabrics
10/2/2025	18	Ritika Tripathi	HSC103F	Types of weaves-Basic and Decorative	Yarn to Fabrics
11/2/2025	19	Ritika Tripathi	HSC103F	Types of weaves-Basic and Decorative	Yarn to Fabrics
13/2/2025	20	Ritika Tripathi	HSC103F	Tools for Clothing construction	Clothing Construction
14/2/2025	Class Teaching	Ritika Tripathi			
15/2/2025	21	Ritika Tripathi	HSC103F	Tools for Clothing construction	Clothing Construction
17/2/2025	22	Ritika Tripathi	HSC103F	Introduction to sewing machines	Clothing Construction
18/2/2025	23	Ritika Tripathi	HSC103F	parts and maintenance of sewing machines	Clothing Construction
19/2/2025	24	Ritika Tripathi	HSC103F	Importance of Drafting, Draping, Flat pattern techniques	Clothing Construction
20/2/2025	25	Ritika Tripathi	HSC103F	Advantages & disadvantages of Drafting, Draping, Flat	Clothing Construction

				pattern techniques	
21/2/2025	Monthly Test	Ritika Tripathi			
22/2/2025	26	Ritika Tripathi	HSC103F	Fabric preparatory steps for stitching a garment	Clothing Construction
24/2/2025	27	Ritika Tripathi	HSC103F	Preshrinking, straightening, layout, pinning, Marking and cutting.	Clothing Construction
25/2/2025	28	Ritika Tripathi	HSC103F	Basic Concepts, Purpose	Introduction to Home Management
27/2/2025	29	Ritika Tripathi	HSC103F	Obstacles of Management	Introduction to Home Management
28/2/2025	30	Ritika Tripathi	HSC103F	Process of Management – Planning, Organizing	Introduction to Home Management
01/3/2025	Class Teaching	Ritika Tripathi			
03/3/2025	31	Ritika Tripathi	HSC103F	Process of Management – Controlling and Evaluation	Introduction to Home Management
04/3/2025	32	Ritika Tripathi	HSC103F	Motivating Factors in Management	Introduction to Home Management
05/3/2025	33	Ritika Tripathi	HSC103F	Motivating Factors in Management	Introduction to Home Management
06/3/2025	34	Ritika Tripathi	HSC103F	Values, Goals and Standards	Introduction to Home Management
07/3/2025	35	Ritika Tripathi	HSC103F	Definition and Classification.	Introduction to Home Management
08/3/2025	Class Teaching	Ritika Tripathi			
10/3/2025	36	Ritika Tripathi	HSC103F	Definition and Classification.	Introduction to Home Management
11/3/2025	37	Ritika Tripathi	HSC103F	Meaning, Characteristics	Resources, Decision making & Family life

					cycle
17/3/2025	38	Ritika Tripathi	HSC103F	Meaning, Characteristics	Resources, Decision making & Family life cycle
18/3/2025	39	Ritika Tripathi	HSC103F	Types and Factors	Resources, Decision making & Family life cycle
19/3/2025	40	Ritika Tripathi	HSC103F	Types and Factors affecting the use of Resources.	Resources, Decision making & Family life cycle
20/3/2025	Monthly Test	Ritika Tripathi			
21/3/2025	41	Ritika Tripathi	HSC103F	Importance and role of training.	Resources, Decision making & Family life cycle
22/3/2025	42	Ritika Tripathi	HSC103F	Steps and Role of Decision Making in Management.	Resources, Decision making & Family life cycle
01/4/2025	43	Ritika Tripathi	HSC103F	Steps and Role of Decision Making in Management.	Resources, Decision making & Family life cycle
02/4/2025	44	Ritika Tripathi	HSC103F	Stages of Family Life Cycle	Resources, Decision making & Family life cycle
03/4/2025	45	Ritika Tripathi	HSC103F	Stages of Family Life Cycle	Resources, Decision making & Family life cycle
04/4/2025	Class Teaching	Ritika Tripathi			
05/4/2025	46	Ritika Tripathi	HSC103F	Time as a Resource, Steps in making Time Plan	Time, Energy and Money Management
07/4/2025	47	Ritika Tripathi	HSC103F	Tools and Aids in Time Management	Time, Energy and Money Management
08/4/2025	48	Ritika Tripathi	HSC103F	Energy as a Resource, Work Curve	Time, Energy and Money

					Management
09/4/2025	49	Ritika Tripathi	HSC103F	Fatigue- Types, Causative Factors and Alleviating Techniques	Time, Energy and Money Management
11/4/2025	50	Ritika Tripathi	HSC103F	Family income as a Resource	Time, Energy and Money Management
12/4/2025	Class Teaching	Ritika Tripathi			
15/4/2025	51	Ritika Tripathi	HSC103F	Preparation of Family budget	Time, Energy and Money Management
16/4/2025	52	Ritika Tripathi	HSC103F	Meaning and Techniques of Work Simplification	Work Simplification and Household Equipments
17/4/2025	53	Ritika Tripathi	HSC103F	Mundell's Classes of Change.Principle	Work Simplification and Household Equipments
19/4/2025	54	Ritika Tripathi	HSC103F	Use and Care of Household Equipments	Work Simplification and Household Equipments
21/4/2025	55	Ritika Tripathi	HSC103F	Use and Care of Household Equipments	Work Simplification and Household Equipments
22/4/2025	Class Teaching	Ritika Tripathi			
23/4/2025	56	Ritika Tripathi	HSC103F	Revision	Revision
24/4/2025	57	Ritika Tripathi	HSC103F	Revision	Revision
25/4/2025	58	Ritika Tripathi	HSC103F	Revision	Revision
26/4/2025	59	Ritika Tripathi	HSC103F	Revision	Revision
28/4/2025	60	Ritika Tripathi	HSC103F	Revision	Revision
29/4/2025	Monthly Test	Ritika Tripathi			
30/4/2025	61	Ritika Tripathi	HSC103F	Revision	Revision