

Maharana Pratap Mahavidhyalay, Jungle Dhusan,				
Class: B.A./B.Sc. IInd Semester (Course Name: Psychology of individual Differences, Course Code(PSY103F))			Lesson Plan 16 Jan. to 30 April. 2025	Subject: Psychology
Date	Lecture	Teacher's Name	Unit	Topic
1/16/2025	1	Dr. Venkat Raman	Introduction	Syllabus and Course
1/17/2025	2	Dr. Venkat Raman	I	Motivation : Nature & Concept (Need)
1/18/2025	3	Dr. Venkat Raman	I	Motivation : Nature & Concept (Need)
1/20/2025	4	Dr. Venkat Raman	I	Motivation : Nature & Concept ( Drive)
1/21/2025	5	Dr. Venkat Raman	I	Motivation : Nature & Concept ( Drive)
1/22/2025		Dr. Venkat Raman	Class Teaching & Minor Course	
1/23/2025	1	Archita Rai	III	Intelligence : Nature & Measurement
1/24/2025	2	Archita Rai	III	Intelligence : Nature & Measurement
1/25/2025	3	Archita Rai	III	Binet-Simon's contribution
1/27/2025	4	Archita Rai	III	Binet-Simon's contribution
1/28/2025	5	Archita Rai	III	Wechsler's contribution
1/29/2025		Archita Rai	Minor Course	
1/30/2025	6	Dr. Venkat Raman	I	Motivation : Nature & Concept ( Instincts)
1/31/2025	7	Dr. Venkat Raman	I	Motivation : Nature & Concept (Instincts)
2/1/2025	8	Dr. Venkat Raman	I	Criteria of motivated Behaviour Pull and Push Mechanism
2/4/2025	9	Dr. Venkat Raman	I	Criteria of motivated Behaviour Pull and Push Mechanism
2/5/2025	10	Dr. Venkat Raman	I	Intrinsic Motivation
2/6/2025		Dr. Venkat Raman	Class Teaching & Minor Course	
2/7/2025	6	Archita Rai	III	Wechsler's contribution

2/8/2025	7	Archita Rai	III	Cattell's contribution
2/10/2025	8	Archita Rai	III	Cattell's contribution
2/11/2025	9	Archita Rai	III	Theories of Intelligence: Spearman
2/13/2025	10	Archita Rai	III	Theories of Intelligence: Spearman
2/14/2025		Archita Rai	Minor Course	
2/15/2025	11	Dr. Venkat Raman	I	Types of Motives: Biological (Hunger and Thirst)
2/17/2025	12	Dr. Venkat Raman	I	Types of Motives: Biological (Hunger and Thirst)
2/18/2025	13	Dr. Venkat Raman	I	Social Motives (Achievement, Affiliation and Approval)
2/19/2025	14	Dr. Venkat Raman	I	Social Motives (Achievement, Affiliation and Approval)
2/20/2025	15	Dr. Venkat Raman	II	Nature and types of Emotion
2/21/2025		Dr. Venkat Raman	Class Teaching & Minor Course	
2/22/2025	11	Archita Rai	III	Theories of Intelligence: Thurston
2/24/2025	12	Archita Rai	III	Theories of Intelligence: Thurston
2/25/2025	13	Archita Rai	III	Theories of Intelligence: Guilford
2/27/2025	14	Archita Rai	III	Theories of Intelligence: Guilford
2/28/2025		Archita Rai	Monthly	
3/1/2025	15	Archita Rai	III	Theories of Intelligence: Sternberg
3/3/2025	16	Dr. Venkat Raman	II	Nature and types of Emotion
3/4/2025	17	Dr. Venkat Raman	II	Plutchik Wheel Model and Tompkins View
3/5/2025	18	Dr. Venkat Raman	II	Plutchik Wheel Model and Tompkins View
3/6/2025	19	Dr. Venkat Raman	II	Two Dimensional and Broaden and Build Model
3/7/2025		Dr. Venkat Raman	Class Teaching & Minor Course	

3/8/2025	20	Dr. Venkat Raman	II	Two Dimensional and Broaden and Build Model
3/10/2025	16	Archita Rai	III	Theories of Intelligence: Sternberg
3/11/2025	17	Archita Rai	III	Theories of Intelligence: Sternberg
3/17/2025	18	Archita Rai	III	Theories of Intelligence: Gardner
3/18/2025	19	Archita Rai	III	Theories of Intelligence: Gardner
3/19/2025		Archita Rai	Minor Course	
3/20/2025	20	Archita Rai	IV	Personality : Definition, Determinants and Measurement
3/21/2025	21	Dr. Venkat Raman	II	Theories of Emotion: James-Lange
3/22/2025		Dr. Venkat Raman	Monthly Evaluation	
4/1/2025	22	Dr. Venkat Raman	II	Theories of Emotion: James-Lange
4/2/2025	23	Dr. Venkat Raman	II	Theories of Emotion: Cannon-Bard
4/3/2025	24	Dr. Venkat Raman	II	Theories of Emotion: Cannon-Bard
4/4/2025	25	Dr. Venkat Raman	II	Theories of Emotion: Schachter- Singer
4/5/2025	21	Archita Rai	IV	Personality : Definition, Determinants and Measurement
4/7/2025		Archita Rai	Minor Course	
4/8/2025	22	Archita Rai	IV	Personality : Definition, Determinants and Measurement
4/9/2025	23	Archita Rai	IV	Theories of Personality
4/11/2025	24	Archita Rai	IV	Trait Theory of Allport
4/12/2025	25	Archita Rai	IV	Trait Theory of Allport
4/15/2025	26	Dr. Venkat Raman	II	Theories of Emotion: Schachter- Singer
4/16/2025		Dr. Venkat Raman	Class Teaching & Minor Course	
4/17/2025	27	Dr. Venkat Raman	II	Theories of Emotion: Schachter- Singer

4/19/2025	28	Dr. Venkat Raman	II	Cognitive, Behavioural and Sociocultural Factors
4/21/2025	29	Dr. Venkat Raman	II	Cognitive, Behavioural and Sociocultural Factors
4/22/2025	30	Dr. Venkat Raman	II	Cognitive, Behavioural and Sociocultural Factors
4/23/2025	26	Archita Rai	IV	Trait Theory of Cattell
4/24/2025		Archita Rai	<b>Minor Course</b>	
4/25/2025	27	Archita Rai	IV	Psychoanalytical Theory of Sigmund Freud
4/26/2025	28	Archita Rai	IV	Humanistic Theory of Rogers
4/28/2025	29	Archita Rai	IV	Humanistic Theory of Maslow
4/29/2025	30	Archita Rai	IV	Humanistic Theory of Maslow
4/30/2025		Archita Rai	<b>Monthly</b>	