

Maharana Pratap Mahavidhyalay, Jungle Dhusan, Gorakhpur

Class: B.A./B.Sc. V Semester (Course Title: Lab Work, Survey and Field Visit, Code PSY303) Credits: 0 + 02			Lesson Plan 01 Aug. to 15 Nov. 2025	Subject: Psychology Practical
Date	Lecture	Teacher's Name	Unit	Topic
04.08.25	2	Dr. Venkat Raman/ Archita Rai	I	Write a Reflection on Gratitude or Forgiveness
05.08.25	4	Dr. Venkat Raman/ Archita Rai	I	Write a Reflection on Gratitude or Forgiveness
11.08.25	6	Dr. Venkat Raman/ Archita Rai	I	Write a Reflection on Gratitude or Forgiveness
12.08.25	8	Dr. Venkat Raman/ Archita Rai	I	Write a Reflection on Gratitude or Forgiveness
18.08.25	10	Dr. Venkat Raman/ Archita Rai	I	Write a Reflection on Gratitude or Forgiveness
19.08.25	12	Dr. Venkat Raman/ Archita Rai	I	Write a Reflection on Gratitude or Forgiveness
25.08.25	14	Dr. Venkat Raman/ Archita Rai	I	Write a Reflection on Gratitude or Forgiveness
26.08.25	16	Dr. Venkat Raman/ Archita Rai	II	Survey research on meaning of life/happiness/life satisfaction/optimism/wellbeing
01.09.25	18	Dr. Venkat Raman/ Archita Rai	II	Survey research on meaning of life/happiness/life satisfaction/optimism/wellbeing
02.09.25	20	Dr. Venkat Raman/ Archita Rai	II	Survey research on meaning of life/happiness/life satisfaction/optimism/wellbeing
08.09.25	22	Dr. Venkat Raman/ Archita Rai	II	Survey research on meaning of life/happiness/life satisfaction/optimism/wellbeing
09.09.25	24	Dr. Venkat Raman/ Archita Rai	II	Survey research on meaning of life/happiness/life satisfaction/optimism/wellbeing
15.09.25	26	Dr. Venkat Raman/ Archita Rai	II	Survey research on meaning of life/happiness/life satisfaction/optimism/wellbeing
16.09.25	28	Dr. Venkat Raman/ Archita Rai	II	Survey research on meaning of life/happiness/life satisfaction/optimism/wellbeing
22.09.25	30	Dr. Venkat Raman/ Archita Rai	II	Survey research on meaning of life/happiness/life satisfaction/optimism/wellbeing
23.09.25	32	Dr. Venkat Raman/ Archita Rai	II	Survey research on meaning of life/happiness/life satisfaction/optimism/wellbeing
29.09.25	34	Dr. Venkat Raman/ Archita Rai	III	Field study on anyone topic of human development.
30.09.25	36	Dr. Venkat Raman/ Archita Rai	III	Field study on anyone topic of human development.
06.10.25	38	Dr. Venkat Raman/ Archita Rai	III	Field study on anyone topic of human development.
07.10.25	40	Dr. Venkat Raman/ Archita Rai	III	Field study on anyone topic of human development.

27.10.25	42	Dr. Venkat Raman/ Archita Rai	III	Field study on anyone topic of human development.
03.11.25	44	Dr. Venkat Raman/ Archita Rai	III	Field study on anyone topic of human development.
04.11.25	46	Dr. Venkat Raman/ Archita Rai	III	Field study on anyone topic of human development.
10.11.25	48	Dr. Venkat Raman/ Archita Rai	III	Field study on anyone topic of human development.
11.11.25	50	Dr. Venkat Raman/ Archita Rai	III	Field study on anyone topic of human development.