

महाराणा प्रताप पी.जी. कालेज, जंगल धूसड़, गोरखपुर

कक्षा : B.A-I st		पाठ्यक्रम योजना : सत्र-2025-26			विषय : Physical Education
दिनांक	व्याख्यान सं.	प्राध्यापक का नाम	प्रश्नपत्र	PHE D-10F अध्याय Element of Physical Education	शीर्षक
16/07/25	1	Dr. S. N. Shukla	PHE D-10F	Unit I	Yoga - Meaning and Definition, Need and Importance of Yoga in Sports.
17/07/25	2	" "	"	"	" " "
18/07/25	3	" "	"	"	Ancient Physical Culture
19/07/25	4	" "	"	"	Traditional Games of India
21/07/25	5	" "	"	"	Meaning, Definition and Concept of Physical Education
22/07/25		" "		CLASS TEACHING	
23/07/25	6	" "	"	Unit I	" " "
24/07/25	7	" "	"	"	Aims and objectives of Physical education
25/07/25	8	" "	"	"	" " "
26/07/25	9	" "	"	Unit 2	History and development of Physical education in India
28/07/25	10	" "	"	"	" " "
29/07/25		" "	"	CLASS TEACHING	
30/07/25	11	" "	"	Unit 2	History of Physical education in ancient Greece and Rome

महाराणा प्रताप पी.जी. कालेज, जंगल धूसड़, गोरखपुर

कक्षा B.A.I.S.		माध्यमिक योजना : सत्र-2022-23		विषय : Physical Education	
दिनांक	ग्याख्यान सं.	पाठ्यांक का नाम	प्रश्नपत्र	अध्याय	शीर्षक
31/08/25	12	D.C.S.N. Shukla	PHED	Unit III	Meaning of Sports Sociology
4/08/25	13	" "	" "	" "	Definition and importance of Sports Sociology
5/08/25	14	" "	" "	" "	" " "
6/08/25	15	" "	" "	" "	Culture and Sports
7/08/25				CLASS TEACHING	
11/08/25	16	" "	" "	Unit III	" "
12/08/25	17	" "	" "	" "	Socialization and Sports
13/08/25	18	" "	" "	" "	" " "
14/08/25	19	" "	" "	Unit IV	Olympic Movement
18/08/25	20	" "	" "	" "	Ancient Olympic Games
19/08/25				CLASS TEACHING	
20/08/25	21	" "	" "	Unit IV	Modern Olympic Games
21/08/25	22	" "	" "	" "	Games Aims and objectives of Olympic Games

महाराणा प्रताप पी.जी. कालेज, जंगल धूसड़, गोरखपुर

कक्षा : B.A-I-Sem		पाठ्यक्रम योजना : सत्र-2022-23			विषय : Physical Education
दिनांक	व्याख्यान सं.	प्राध्यापक का नाम	प्रश्नपत्र	अध्याय	शीर्षक
25/08/25	23	Dr. S.N. Shukla	PHED-101F	Unit IV	Olympic Spirit
26/08/25	24	" "	" "	" "	Olympic Torch
27/08/25	25	" "	" "	" "	Olympic Flag
28/08/25				Mortality Evolution	
01/09/25	26	" "	" "	Unit IV	Olympic Motto
02/09/25	27	" "	" "	Unit V	Philosophies of Physical education, Idealism
03/09/25	28	" "	" "	" "	" Naturalism
04/09/25	29	" "	" "	" "	" Pragmatism
08/09/25	30	" "	" "	" "	" "
09/09/25				CLASS TEACHING	
10/09/25	31	" "	" "	Unit VI	YMCA
11/09/25	32	" "	" "	" "	SAI
15/09/25	33	" "	" "	" "	LNPE

महाराणा प्रताप पी.जी. कालेज, जंगल धूसड़, गोरखपुर

कक्षा B.A-I-Sem		पाठ्यक्रम योजना : सत्र-2025-26			विषय : Physical Education
दिनांक	व्याख्यान सं.	प्राध्यापक का नाम	प्रश्नपत्र	अध्याय	शीर्षक
27/10/25	45	Dr. S. N. Shukla	PHED 101F	Unit VIII	Physical Training
29/10/25				Monthly Evaluation	
30/10/25	46	" "	"	Unit VIII	Drill, Sports and Games
03/11/25	47	" "	"	"	" "
04/11/25	48	" "	"	"	" "
06/11/25	49	" "	"	"	Components of Physical Fitness
10/11/25	50	" "	"	"	" " "
11/11/25	51			CLASS TEACHING	
12/11/25	52	" "	"		Revision
13/11/25	53	" "	"		"