

महाराणा प्रताप पी.जी. कालेज, जंगल धूसड़, गोरखपुर

क्रमांक	दिनांक	व्याख्यान सं.	प्राध्यापक का नाम	यूनिट	अध्याय	विषय : Physical education
1	21/08/25	1.	Dr. S.M. Shukla	I	Part - A	Draw a labeled diagram of any two body system
2	22/08/25	2.	"	I	Part - A	" " "
3	23/08/25	3.	"	I	Part - A	Prepare a model of any one system of human body
4	24/08/25	4.	"	I	Part - A	" " "
5	25/08/25	5.	"	I	Part - A	Learning of measuring height weight waist circumference
6	26/08/25	6.	"	I	Part - A	" " "
7	30/08/25	7.	"	I	Part - A	Hip circumference and waist hip ratio
8	6/09/25	8.	"	I	Part - A	" " "
9	12/09/25	9.	"	I	Part - A	Learn to measure B.P using sphygmomanometer.
10	13/09/25	10	"	I	Part - A	" " "
11	19/09/25	11	"	II	Part - B	Definition of first Aid RRABC of first Aid
12	20/09/25	12	"	II	Part - B	First Aid for Hemorrhoids.
13	26/09/25	13	"	II	Part - B	Fractures sprain and strain

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23/9/25	14.	Dr. S. N. Sukla	II	Part - B	Fractures, sprain and strain
31/10/25	15.	"	II	Part - B	PRICE
04/10/25	16	"	II	Part - B	Schall Health and Airth Aid Facilities
10/10/25	17	"	II	Part - B	" " "
11/10/25	18	"	II	Part - B	Types of Rehabilitation
24/10/25	19	"	II	Part - B	Revision
25/10/25	20	"	II	Part - B	Revision
31/10/25	21.	"	II	"	Types of Rehabilitation
04/11/25	22.	"	II	"	"
07/11/25	23.	"	II	"	Fractures
08/11/25	24	"	II	"	Strain
14/11/25	25	"	II	"	Revision
15/11/25	26	"	II	"	"