

# CURRICULUM VITAE

## CAREER OBJECTIVE

Interested to work in such an organization that would provide ample opportunities to utilize all my abilities. To obtain a meaningful and challenging position that enable me to learn contribute to the technical field for career advancement while developing professional attitude towards a continuous learning process.



## CAPABILITIES

I aim to obtain a challenging position in a professional, artistic environment where I will use my experience to benefit the stakeholders. Capable of working with pace and accuracy under stress and pressure. Innovate and rise new ideas, adapt the situation, enumerating ways to solve a problem.

**Dr. Avantika Pathak**

**avantika.pau@gmail.com**  
**+91 79052 89533**

## PRESENT STATUS

At present time, I am working as an Assistant Professor(Home-science) in Maharana Pratap Mahavidyalaya, Jungle Dhushan, Gorakhpur affiliated to Deen Dayal Upadhyay University, Gorakhpur.

**Working from 17 august, 2023 to till date**

## ACADEMIC RECORDS

- **Ph.D.** from College of Community Science, Punjab Agricultural University, Ludhiana, Punjab (7.2/10) 2021
- **Master of Home Science**, M.Sc. Home Science Extension and Communication Management from Chandra Shekhar Azad University of Agriculture and Technology, Kanpur with First Division (8.3/10) 2013
- **Bachelor of Home Science**, B.Sc. (Home Science) from Acharya Narendra Deva University of Agriculture and Technology, College of Home Science, Kumarganj, Faizabad, (U.P.) with First Division (7.5/10) 2011
- **Intermediate (10+2)** from Guru Nanak Academy Girls Inter College, Faizabad with Second Division (58.2%) 2007
- **High-School (10<sup>th</sup>)** from Guru Nanak Academy Girls Inter College, Faizabad with Second Division (55.8%) 2005

## THESIS/DISSERTATION

- ✚ **Ph.D. Research Title**  
*Impact of extension services on capacity building of farm women engaged in vegetable cultivation in Punjab*
- ✚ **Master's Thesis Title (Home Science Extension)**  
*Participation of Rural Women in Agricultural and Household Activities*

## Publications

Sr. No.	Research Publications in referred journals	NAAS Rating/ ImpactFactor
1	<b>Avantika Pathak</b> , Sangeeta Gupta 2013, Participation and TimeUtilization Pattern of Rural Women in Agricultural Activities, Research Link - 112, Vol - XII (5), July - 2013, Page No. 152-153	<b>1.8007</b>
2	<b>Avantika Pathak</b> , Sangeeta Gupta 2013, Participation and TimeUtilization Pattern of Rural Women in Household Activities, Research Link - 113, Vol - XII (6), August - 2013, Page No. 145-146	<b>1.8007</b>
3	<b>Avantika Pathak</b> and Sukhjeet Kaur, 2019, Impact of extension services on knowledge of farm women engaged in vegetable cultivation in Punjab. Multilogic in Science Journal, Vol. X (33), April-2020, Page No. 514-518	<b>5.23</b>
4	<b>Avantika Pathak</b> and Sukhjeet Kaur, 2019, Identifying gap between needs and extension services provided in vegetablecultivation to farm women of Punjab, <i>Journal of Experimental Zoology</i> , India. Vol.23 (2), July-2020, Page No. 1187-1190	<b>5.51</b>

## BOOKS

1. **Avantika Pathak** (2022). Participation of Rural Women in Agricultural & Household Activities Avantika. *Published by* LAB LAMBERT Academics Publishing, Germany. p:1-101. (ISBN: 978-620-0-32496-2)

## BOOKS Chapters

1. **Avantika Pathak** (2022). Women's agricultural work status and their time use pattern in rural household activities. *Published by* Society of Biological Sciences and Rural Development, Allahabad, India. p:

## REVIEW PAPERS

1. Avantika Pathak (2022). Rural women in agricultural and household practices: An overview. *Int J Home Sci.*, 8(2):126-130.

## Poster Presentation

S.No.	Title	Year	Particulars of publication/ Presentation
1.	Constraints faced by Rural women in performance of Agricultural Activities	2017	Poster Presentation
2.	Impact of Extension Services on Knowledge of FarmWomen Engaged in Vegetable Cultivation in Punjab	2019	Oral Presentation
3.	Protective Clothing: An Aid for Farmers Engaged in Agricultural Activities	2018	Oral Presentation

## ABSTRACTS PUBLISHED

<b>S.No.</b>	<b>Title</b>	<b>Year</b>
<b>1.</b>	Constraints faced by Rural women in performance of AgriculturalActivities	2017
<b>2.</b>	Protective Clothing: An Aid for Farmers Engaged in AgriculturalActivities	2018
<b>3</b>	Remedial measures for rural women engaged in agricultural activities.	2019
<b>4.</b>	Impact of Extension Services on Knowledge of Farm Women Engagedin Vegetable Cultivation in Punjab	2019

<b>S.No.</b>	<b>Conference/Workshop</b>	<b>Year</b>	<b>Duration</b>
1.	Platinum jubilee Conference of the Indian society of agricultural economics	2015	3 Days
2	National workshop on Environmental Conservation	2012	1 Day
3	National education policy (National Seminar)	2023	2 Days
4	Bhahart Nepal Sanskritik Antarsambandh (International Seminar)	2024	3 Days
5	Bhartiya Videsh Niti ke Badalte Ayam : 2018 se ab Tak (National Seminar)	2024	2 Days
6	Mahakumbh 2025: Parampara, Anusthan avam Mahatav(International Seminar)	2025	2 Days

**AWARDS/RECOGNITION/FELLOWSHIP RECEIVED**

<b>International/ National</b>	<b>Name of Award/Training/ Recognition</b>	<b>Agency/Institution</b>	<b>Year</b>
National	Young Scientist Award	Kalash Research and Welfare Society	2019
National	Young Extension Scientist Award	Society of Fisheries and Life Sciences	2020
National - Training Program	Basic techniques of television production	Doordarshan Kendra Lucknow	July,2010 to September 2010
National - Training Program	Women Empowerment and Rural Development	SAVERA, NGO Lucknow	October, 2010 to December, 2010
International	Assistant Editor in <i>Journal of Fisheries and Life Sciences</i>	Society of Fisheries and Life Sciences. College of Fisheries, Mangalore-02, Karnataka	2020 to till date
National	Nomination of coordinators for registration of Journal Life Membership in respective college (Team Work)	Society of Fisheries and Life Sciences.College of Fisheries, Mangalore-02, Karnataka	2020 to till date
International	Assistant Editor in <i>International Journal of Home Science</i>	Tirupati Journal Solutions, New Delhi	2020 to till date

**RESEARCH PAPER PRESENTATION**

<b>S.N</b>	<b>Membership of Academic Bodies</b>	<b>Membership period</b>	<b>Membership No./Refrence no</b>
1.	Journal of Fisheries and Life Sciences	Lifetime	DKM/S-47/SFLS/JFLS/427/2019-20
2.	Assistant editor in International Journal of Home-Science	Lifetime	AKINIK/LM/17

**EXTRA-CURRICULAR ACTIVITIES**

1. **Second prize** in Quiz competition in 2009 at university level.
2. **Third prize** in Group Singing Competition in 2010 at university level

**AREA OF RESEARCH**

Home Science, Extension Education, Rural Communication,

**LANGUAGES KNOWN**

- ✚ Awadhi (Read, Write and Speak)
- ✚ Hindi (Read, Write and Speak)
- ✚ English (Read, Write and Speak)
- ✚ Punjabi (Speak)

**COMPUTER SKILLS**

- ✚ Course on Computer Concepts
- ✚ **Statistical Software's viz.** "SPSS v. 21

**SOFT SKILLS**

- ✚ Knowledge of Home Science and Marketing
- ✚ Creativity with teamwork and leadership quality
- ✚ Motivation & Good Communication skills

✚ Sincerity and Struggle for the best

### **HOBBIES**

Internet browsing, Reading Books, Visiting and Photo capturing

✚ Reading old Stories, listening new artists' songs

I do hereby that all statement made in the application are true, complete and correct to the best of my knowledge and belief. In the event of my any information being found false or incorrect, my candidature/application may be canceled/ terminated without any notice.

**Date:** 26-04-2025

**Place:** Ayodhya

Signature of the candidate

Arantika Pathak

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**Date:** 02-07-2024

**Place:** Ayodhya

Signature of the candidate

Arantika Pathak