

BIO-DATA

NAME - **Dr Venkat Raman**

FATHERS NAME - Shri Jai Govind Pandey

ADDRESS - Bilandpur, Indranagar,
Gorakhpur

CONTACT - Mobile-09918418951



E-mail – ramanddu@gmail.com

DATE OF BIRTH - 17 February, 1986

EDUCATIONAL QUALIFICATION-

Exam. Passed	Name of Examining Body	Year	Division	Subject Offered
Ph. D	D.D.U. Gorakhpur University, Gorakhpur	2015	Awarded	Psychology
Pre Ph. D	D.D.U. Gorakhpur University, Gorakhpur	2013	I st	Research Methodology, Computer Application
B.Ed	Siddharth University, Kapilvastu, Siddharthnagar	2019	I st	History, Economics
M.A.	D.D.U. Gorakhpur University, Gorakhpur	2008	I st	Psychology
B.A.	D.D.U. Gorakhpur University, Gorakhpur	2006	II nd	Psychology, History, Economics
Intermediate	U.P. Board	2003	II nd	Hindi, English, Physics, Chemistry, Biology
High School	U.P. Board	2001	I st	Hindi, English, Maths, Science, Social Science, Drawing

CAREER PROFILE -

Institution	Date of Joining	Designation	Duration
Digvijai Nath P.G. College, Gorakhpur	1 September, 2011 till June, 2018	Assistant Professor in Psychology	7 years
Maharana Pratap P.G.College, Jungle Dhusan, Gorakhpur	2 July, 2018 till Date	Assistant Professor in Psychology	7 years

SPECIALISATION / RESEARCH INTEREST :

- i. Organizational Behavior
- ii. Applied Psychology
- iii. Health Psychology
- iv. Social Psychology
- v. Counselling Psychology

HONORS & AWARDS : (i). University Scholarship, 2012.
(ii). Teacher's Excellence Award by Govt. of UP regarding special contribution in higher education in implementation of National Education Policy -2020.

COLLEGE / INSTITUTION SERVICE

1. Working as Vice - Principal at M.P.P.G. College, Jungle Dhusan, Gorakhpur from 16 Jan 2023 till the 30th June 2023.
2. Working as Head of Department (Psychology) at M.P.P.G. College, Jungle Dhusan, Gorakhpur from 10 July 2019 till the date.
3. Working as Information and Public Relation Officer at M.P.P.G. College, Jungle Dhusan, Gorakhpur from 02 July 2024 till the date.
4. Coordinator of Counselling Cell at M.P.P.G. College, Jungle Dhusan, Gorakhpur from 2020 till the date.
5. Worked as Office Incharge at M.P.P.G. College, Jungle Dhusan, Gorakhpur 2018 to 2023.
6. Working as Member of Purchase Committee at M.P.P.G. College, Jungle Dhusan, Gorakhpur
7. Worked as Administrative Incharge at M.P.P.G. College, Jungle Dhusan, Gorakhpur 2018 to 2023.
8. Member of Purchase committee at M.P.P.G. College, Jungle Dhusan, Gorakhpur from 2023 till the date.
9. Coordinator, U.G.C. sponsored Certificate course in Guidance & Counseling from 2013 till 2017 at D.V.N.P.G. College Gorakhpur.
10. Coordinator, workshop entitled "Making and Delivering of PPT on Psychological Concepts" held on 16th February, 2018 at D.V.N.P.G. College Gorakhpur.
11. Convener of Special Lecture entitled "Importance of Trait in Personality Development" held on 8th January, 2019 by department of Psychology, MPPG College, Jungle Dhusan, Gorakhpur.
12. Convener of Lecture Competition 18th January, 2019 by department of Psychology, MPPG College, Jungle Dhusan, Gorakhpur.
13. Convener of Workshop entitled "Principals of Research Methodology: Rule and Practice" on 05th February, 2025 by department of Psychology, MPPG College, Jungle Dhusan, Gorakhpur.

14. Convener of Workshop entitled “Education of Swami Vivekanand and Subjective Wellbeing” on 12th January, 2025 by department of Psychology, MPPG College, Jungle Dhusan, Gorakhpur.
15. Convener of Workshop on 23th February, 2020 by department of Psychology, MPPG College, Jungle Dhusan, Gorakhpur.
16. Convener of Lecture Competition on 24th February, 2020 by department of Psychology, MPPG College, Jungle Dhusan, Gorakhpur.
17. Worked as Member of maintenance committee 2016 at D.V.N.P.G. College Gorakhpur.
18. Worked as Member of Media Cell 2016 at D.V.N.P.G. College Gorakhpur.

COUNSELLING EXPERIENCE:

- (i) Work as Supportive Supervisor of Counselors in “The Global Fund to Fight AIDS, Tuberculosis & Malaria Round 7” at NACO Health Project in 2015.
- (ii) Coordinator of U.G.C. sponsored Certificate course in Guidance & Counseling from 2013 till 2017.
- (iii) Coordinator of Counselling Cell at M.P.P.G. College, Jungle Dhusan, Gorakhpur from 2020 till the date.

PUBLICATIONS/ WORKSHOPS / SEMINAR / CONFERENCES/RESOURCE PERSON/GUEST FACULTY

Research Publications

Sl. No.	Paper Title	Name of Reputed Indian / Foreign Journal	Year	Volume	Page No.
1.	Managing Time Stress In Medical Professionals: The Role of Future Orientation	Asian Academic Research Journal Of Social Science & Humanities	2015	Vol. 1, Issue 32, ISSN: 2278-859X	314-336
2.	Time Management as Buffer in Time stress-Health Relationship: A Study on Medical Professionals	Indian Journal of Psychological Issues, Patna	2014	Vol. 22, No. (1 & 2) ISSN-0972-4427	44-58
3.	{ks=okn&,d euksoSKkfud fo”ys’k.k Hkkjr ds fo”ks’k IUnHkZ esaA	ledkyhu Hkkjr; jktuhfr ds eqn~ns % leL;k ,oa lek/kku	2013	I	388 – 392
4.	Hkkjr; d`f`k ds lanHkZ	Globalization and Indian Agriculture:	2015	1	202 - 208

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Workshop-

1. U.G.C. Sponsored 'Workshop on Information Security and Computer Application held on 28 – 30 October, 2010
2. U.G.C. Sponsored workshop on 'Writing Research Paper' held on 28 – 29 November, 2011
3. A Workshop Organized by Internal Quality Assurance Cell on “ Quality Assurance in Higher Education: Challenges & Efforts” held on 9th April, 2014
4. A Workshop Organized by Deptt. Of Psychology, D.V.N.P.G. college on “ Making and Delivering of PPT on Psychological Concepts” held on 16th February, 2018
5. A Workshop Organized by Internal Quality Assurance Cell, M.P.P.G. College on “ College`s Annual Action Plan” held on 4 – 6 July, 2018
6. A Workshop Organized by Internal Quality Assurance Cell, M.P.P.G. College on “ Upgradation of Education Level” held on 11 August, 2018
7. A Workshop Organized by Internal Quality Assurance Cell, M.P.P.G. College on “Upgradation of Education Level: Active Participation of Teacher`s” held on 21 August, 2018.
8. A Workshop Organized by Internal Quality Assurance Cell, M.P.P.G. College on “Annual Plan Implementation: Quarterly Review ” held on 02 October, 2018.
9. A Workshop Organized by Internal Quality Assurance Cell, M.P.P.G. College on “Academic Audit Report: Review and Improvement” held on 13 November, 2018.
10. Participation in Intellectual Property Awareness/ Training Program under National Intellectual Property Awareness Mission held on 15 December 2022.

Seminar-

1. Paper presented in the national seminar on “Contemporary Indian Political Issues: Problem and solution”. Organized by Dept. of Political Science, Kushinagar on February 28 – 29, 2012.
2. Paper presented in the U.G.C. sponsored national seminar on “Rural Employment Schemes & Socio economic Development” organized by Dept. of Economics D.V.N.P.G. college on 13 – 14 October, 2012.
3. Paper presented in the national seminar on “Intergroup Relations in Contemporary Indian Society: Multidisciplinary Perspective”. Organized by Department of Psychology, D.D.U. Gorakhpur University, Gorakhpur on March 25 – 26, 2014.
4. Paper presented in the national seminar on “Linking Social Science Research with Societal Development.” Organized by Department of Psychology, D.D.U. Gorakhpur University, Gorakhpur on 15 September, 2014
5. Paper presented in the U.G.C. sponsored national seminar on “Stress Management: Strategies and Future Challenges” organized by H.R.P.G. College, Khalilabad, Sant Kabir Nagar on 18-19 September, 2015.
6. Paper presented in the U.G.C. sponsored national seminar on “Dr. Ambedkar: Social Justice and Inclusive Growth” organized by S.B.M. P.G. College, Pawanagar, Fazilnagar Kushinagar on 15-16 February, 2016.
7. Paper presented in the I.C.W.A. New Delhi sponsored national seminar on “India’s Foreign Policy: Indo – Nepal Relations” organized by D.V.N.P.G. college on 06 October, 2016.
8. Paper presented in the U.G.C. sponsored national seminar on “The Role of Women in Rural Economic Development” organized by Deptt. Of Economics, D.V.N.P.G. college on 17 – 18 October, 2016
9. Paper presented in the N.A.A.C sponsored national seminar on “Quality Management in Higher Education Institutions” organized by Internal Quality Assurance Cell, D.V.N.P.G. college on 20 – 21 October, 2016
10. Paper presented in the U.P.H.E.D. sponsored national seminar on “Advances in Health and Well – Being Research” organized by Dept. of Psychology, D.V.N.P.G. college on 25 – 26 March, 2018
11. Paper presented in the U.P.H.E.D sponsored national seminar on “The Role of Cooperation in Rural Economic Development” organized by Dept. of Economics D.V.N.P.G. college on 23 – 24 March, 2018
12. Paper presented in the I.C.H.R sponsored national seminar on “Relevance of Buddhist Education in Present Global Perspective” organized by D.V.N.P.G. College on 08 – 09 April, 2018.

13. Paper presented in the national seminar on “**राष्ट्रीय शिक्षा नीति 2019: एक चर्चा**” organized by M.P.P.G. College, Jungle Dhusan on 22 - 23 October, 2018.
14. Paper presented in the national seminar on “Emerging Trends in Science” organized by M.P.P.G. College, Jungle Dhusan on 01 – 02 February, 2019.
15. Paper presented in the national seminar on “National Education Policy – 2019: A Discussion” organized by M.P.P.G. College, Jungle Dhusan on 20 August, 2019.
16. Paper presented in the national seminar on “World Energy Scenario & Indian Subcontinent: Challenges and Opportunities” organized by M.P. P.G. College, Jungle Dhusan on 05 – 06 October, 2019.
17. Paper presented in the national seminar on “Changing Dimensions of Indian Foreign Policy: 2019 till Now” organized by M.P. P.G. College, Jungle Dhusan on 07 – 08 September, 2024
18. Paper presented in the International seminar on “Mahakumbh 2025: Traditions, Rituals and Significance” organized by M.P. P.G. College, Jungle Dhusan on 22 – 23 February, 2025.

Resource person/Guest Lecture-

1. Resource person at workshop held by District Institute of Education & Training (DIET) on 17 – 21 February, 2014
2. Resource person at workshop held by District Institute of Education & Training (DIET) on 22 – 25 August, 2014
3. Resource person in the Guest Lecture on “Importance of Time Management for Youth” held by Deptt. Of Psychology, M.P.P.G. College, Gorakhpur on 09 January, 2018
4. Resource person in the Guest Lecture on “Making and Delivering of PPT on Psychological Concepts” held by Deptt. Of Psychology, D.V.N.P.G. College, Gorakhpur on 16 February, 2018.
5. Resource person in the Guest Lecture on “Mental Health Promotion and Suicide Prevention” held by Deptt. Of Psychology, D.V.N.P.G. College, Gorakhpur on 10 October, 2019.

Teaching Methodology-

- Teaching by pre declared date wise teaching plan
- Summary provided on blackboard
- Lecture and blackboard teaching method
- Teaching by Power point presentation
- Lecture by demonstration of models
- Group discussion
- Conducting remedial classes

- Viva – Voce

Extracurricular Method-

- Lecture competition
- Guest Lecture
- Workshop
- Field Study
- Counselling skill training
- Class teaching by students once a week
- Monthly evaluation test
- Students participation in institutional social work

PUBLIC SERVICE: Member of “Indian Social Foundation”

Date :

(Dr Venkat Raman)

Plae :