

BIO-DATA



NAME - **Archita Rai**
FATHERS NAME - **Shri Uddhav Rai**

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Gorakhpur**

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DATE OF BIRTH - **10, May, 1999**

EDUCATIONAL QUALIFICATION-

Exam. Passed	Name of Examining Body	Year	Division	Subject Offered
Ph. D	Integral University, Lucknow	2023	Perusing	Psychology
Pre Ph.D	Integral University, Lucknow	2023	I st	Research Methodology, Computer Application
M.A.	D.D.U. Gorakhpur University, Gorakhpur	2022	I st	Psychology
B.A.	D.D.U. Gorakhpur University, Gorakhpur	2020	I st	Psychology, Philosophy ,Hindi
Intermediate	U.P. Board	2016	I st	Hindi, English, Physics, Chemistry, Mathematics
High School	U.P. Board	2014	I st	Hindi, English, Mathematics, Science, Social Science, Drawing

CAREER PROFILE -

Institution	Date of Joining	Designation	Duration
S.V. Inter College, Tarya Sujan	1 May, 2016 till 30 July, 2017	Lecturer	1 year
Central Public School, Gorakhpur	1 September 2022 till 30 September 2023	Lecturer	1 year
Maharana Pratap P.G.College, Jungle Dhusan, Gorakhpur	1 February, 2024 till the Date	Assistant Professor in Psychology	1 year 6 months

SPECIALISATION / RESEARCH INTEREST : i. Clinical Psychology
ii. Counselling Psychology
iii. Cognitive Psychology
iv. Social Psychology

COLLEGE / INSTITUTION SERVICE

1. Co-Convener of Guidance And Counselling Cell sponsored by department of Psychology, MPPG College, Jungle Dhusan, Gorakhpur.
2. Convener of Workshop entitled “Finance and Banking” on 28th February, 2025 by department of Psychology, MPPG College, Jungle Dhusan, Gorakhpur.
3. Convener of Poster Competition held on 26th October, 2024 by department of Psychology, MPPG College, Jungle Dhusan, Gorakhpur.\
4. Member of Proctorial Board in Session 2024-25, MPPG College, Jungle Dhusan, Gorakhpur.
5. Member of Prayer Committee in Session 2025-26, MPPG College, Jungle Dhusan, Gorakhpur.

COUNSELLING EXPERIENCE:

- (i) Work as Career Counselor in “Central Public School, Gorakhpur”
- (ii) Co-Convener of Guidance And Counselling Cell sponsored by department of Psychology, MPPG College, Jungle Dhusan, Gorakhpur

WORKSHOP -

1. A Workshop Organized by Nai Subha Association, held on 13 November, 2019.
2. A Workshop Organized by Nai Kiran Association, held on December 2020.

SEMINAR-

1. Paper presented in the International national seminar on “Mahakumbh 2025 : Traditions Rituals and Importance” organized by Faculty of Arts, Maharana Pratap Mahavidhyalay, Jungle Dhusan, Gorakhpur on 22 – 23 Feburary, 2025.
2. Paper presented in the national seminar on “Counselling Psychology” organized by Deptt. of Psychology DDU Gorakhpur University on 15 – 16 April, 2022.

3. Paper presented in the national seminar on “Changing Dimensions of Indian Foreign Policy: 2019 till Now” organized by M.P. P.G. College, Jungle Dhusan on 07 – 08 September, 2024.

Teaching Methodology-

- Teaching by pre declared date wise teaching plan
- Summary provided on blackboard
- Lecture and blackboard teaching method
- Teaching by Power point presentation
- Lecture by demonstration of models
- Group discussion
- Conducting remedial classes
- Viva – Voce

Extracurricular Method-

- Lecture competition
- Guest Lecture
- Workshop
- Field Study
- Counselling skill training
- Class teaching by students once a week
- Monthly evaluation test
- Students participation in institutional social work

Date :
Plae :

(Archita Rai)